

# How Can Waivers Help Your Patients



**Thrive**  
**Alliance**  
Enhancing lives.  
Building communities.

**Thrive Alliance**

**1531 13<sup>th</sup> Street**  
**Suite G900**  
**Columbus, IN 47201**

**Phone: 812-372-6918**  
**Toll Free: 1-866-644-6407**  
**Fax: 812-372-7846**  
**[www.thrive-alliance.org](http://www.thrive-alliance.org)**

## What is The Aged and Disabled (A&D) Waiver?

- The Aged and Disabled (A&D) Waiver provides an alternative to nursing facility admission for people who are aged, blind, or disabled.
- There is not an age requirement to qualify for this waiver.
- The waiver is designed to provide services to supplement informal supports for people who would require care in a nursing facility if waiver services or other supports were not available.

## Why Should I Refer Families?

- Waivers cover services above and beyond the Medicaid state plan, like attendant care, home modifications (ramps), lifts for vehicles, residential and employment supports, and other services not covered by Medicaid or other private insurance plans.
- Parental income and assets are NOT counted when determining financial eligibility. The child's income and resources are counted.
- Medicaid Waivers serve individuals in their own home, a loved one's home, and Medicaid approved assisted living facilities.

## When to Refer Families

- It's never too early or too late to tell families about waivers.
- Families may not be ready for the information initially but need to hear about the waiver options regularly and often.
- Applying doesn't guarantee eligibility nor commit you to the program.

## **A&D Waiver Available Services:**

- Adult Day Service
- Adult Family Care
- Assisted Living
- Attendant Care
- Self Directed Attendant Care
- Case Management
- Environmental Modifications
- Health Care Coordination
- Homemaker
- Home Delivered meals
- Nutritional Supplements
- Personal Emergency Response System
- Pest Control
- Respite

## **Who Might Qualify for a Medicaid Waiver and How Can I Determine That?**

- Anyone may qualify if it seems likely he/she will not be able to live independently without supports.
- Anyone may qualify if he/she has complex or unstable medical conditions requiring close physician supervision.
- If someone answers “Yes” to three or more of the following questions, they may qualify:
  - Do you see your physician at least monthly for unstable medical conditions?
  - Do you need help with transferring safely from sitting and standing positions?
  - Do you need someone to help you with bathing, even if it is just to get in or out of your tub?
  - Do you need assistance with changing clothes?
  - Do you have a history of falling?
  - Do you need assistance with or reminders in taking your medications?
  - Are you afraid that without help, you may need to go to a nursing home?

## **Eligibility Requirements:**

- Financial Eligibility:
  - 300% of SSI
  - Parental income and resources disregarded for children under 18
  - Spousal impoverishment protections similar to those for nursing homes
- Medical Eligibility:
  - Nursing Facility Level of care

## **Where Do Families Go to Apply for Medicaid Waivers?**

Call Thrive Alliance and ask to speak to a member of our Aged and Disabled Resource Center (ADRC) at **1-866-644-6407**.