



## **Caregiver Support Group Resources**

Updated:10/17/24

**Daughterhood:** Online caregiver support and information at [www.daughterhood.org](http://www.daughterhood.org)

**Family Caregiver Center:** Virtual on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month at 1:00 pm. R.S.V.P. to 1-260-745-1200 Ext. 235.

**Family Caregiving:** <http://www.aarp.org/online-community>

**First Lutheran Church, 3600 25th Street, Columbus, Indiana:** Meets the 3<sup>rd</sup> Monday of the month from 4:30 pm - 6:00 pm (Alzheimer's and other dementia support). This group is not associated with the Alzheimer's Association. Contact: Mary Ellen Wyman 812-350-0368 or 812-376-4053.

**Grief Share:** First Baptist Church, 505 Community Drive, Seymour, Indiana: Tuesdays 10:00 am – 11:00 am 812-522-1909

**Grief Share:** *The Point, 311 Myers Street, Seymour, Indiana: Thursdays 7:00 pm – 8:30 pm 812-522-2060*

**Grief Share:** Lord of Life Lutheran Church, 3330 State Highway 3, North Vernon, Indiana: Tuesdays 6:30 pm – 8:00 pm 812-346-6400

**Grief Support – “Loss After Dementia Caregiving”** on Mondays (except holidays) from 12:15 pm – 1:15 pm CT via Ochsner Health of the Louisiana GWEP. For the Zoom link or phone number to join, please contact **Matt Estrade** at [mestrade@ochsner.org](mailto:mestrade@ochsner.org).

**Hospice:** Bereavement groups available. Information available upon request.

**IDD/Down Syndrome with Alzheimer's Virtual Caregiver Support:** 6:00 pm – 7:00 pm CT Alzheimer's Association Greater Indiana Chapter, Register by Phone: 800-272-3900

**Just Friends Caregiver Support:** 3<sup>rd</sup> Thursday from 2:00 pm – 3:00 pm at Just Friends in Columbus. You are welcome to bring your loved one and care will be provided for them during the meeting time. You must pre-register to do so.

**Memory Keepers:** For caregivers of loved ones with dementia. 3<sup>rd</sup> Thursday of each month from 6:00 pm – 7:00 pm at Traditions. R.S.V.P. to Abby at 812-552-0500

**Parkinson's Virtual Caregiver Support Group:** 2<sup>nd</sup> Wednesday of each month 2:00 pm – 3:00 pm Contact Christie at: [christie@indianaparkinson.org](mailto:christie@indianaparkinson.org).



**Parkinson's In Person:** For caregivers and those affected with the disease. For more information call: Mill Race Center, 812-376-9241 or Harriet Armstrong, 812-603-2470

**PASTA:** Parenting the second time around – online information.

<https://lifestreaminc.org/caregiver-support/Kinshipcaregivers>

**Virtual Support Groups** – Ohio Grandparent/Kinship Coalition [ohiograndparentkinship.org](http://ohiograndparentkinship.org)

**Resources of Hope:** [www.resourcesofhope.org](http://www.resourcesofhope.org) Foster and Kinship support groups in Whiteland

**Shelby Senior Services:** Alzheimer's Support Group 3<sup>rd</sup> Tuesday of the month at 1:30 pm (Located in the same building as the YMCA) Contact Brooke at 317-398-0127 if any questions.

**Side by Side Caregiver Support for ALL caregivers:** [caregivers@cicoa.org](mailto:caregivers@cicoa.org)

**Silver Linings:** Online **LGBTQ** caregiver support group. 4<sup>th</sup> Sunday of every month via Zoom. For more information contact [www.cfa.lgbt/silverlinings](http://www.cfa.lgbt/silverlinings).

**Spanish Speaking:** Virtual Support Group for Caregivers of those living with Dementia. Contact: Caregiver Support at Thrive Alliance.

**Trualta:** Access free training and resources to help build skills and confidence to provide care at home: <https://thrivealliance.trualta.com>

**WellSpouse.org:** Support groups for spouses of those with chronic illnesses

Please contact Jane Ferril at Thrive Alliance 812-314-2783 or email [jferril@thrive-alliance.org](mailto:jferril@thrive-alliance.org) if you have any questions regarding these groups. If you know of any meetings that need to be added or taken away, please let me know.