

Caregiver Connection

Caregiver Glossary: END OF LIFE ISSUES

by Derek Humphry

Commonly used terms when talking about end-of-life matters

Advance directives: Legally accurate name for Living Will and Durable Power of Attorney.

C P R (Cardiopulmonary resuscitation): Non-surgical massage of a heart which has stopped to try to get the organ working again. Procedure will almost always be started unless there is a D N R order.

Competent/competency: The ability of a person to communicate with a physician and understand the implications and consequences of medical procedures.

D N R (Do not resuscitate): An order on the patient's medical chart advising health professionals that extraordinary measures should not be used to attempt to save this person's life. (No CPR)

Durable Power of Attorney for Health Care: An advance directive by which a patient nominates another person to make health care decisions when the patient becomes incompetent, thus allowing a treating physician to obtain informed consent to a medical procedure or withdrawal of treatment.

Health Care Proxy: A combination of the above two documents and phrased differently.

Heroic Measures: Medical procedures which are pointless because the patient is certain to die regardless of these procedures.

Hospice: A formal program of palliative care for a person in the last six months of life, providing pain management, symptom control, and family support.

Informed consent: A patient gives permission to a physician to carry out a medical procedure after the patient is made fully aware of the benefits, risks, and any alternatives.

Living Will: Popular name for an advance directive by which a person requests in writing a physician not to connect, or to disconnect, life-supporting equipment if this procedure is merely delaying an inevitable death.

Negotiated death: A formal agreement between family, physicians, hospital management, etc, that life support systems to an incompetent person are better disconnected in the best interest of the patient. All parties agree not to bring lawsuits.

Palliative care: Medical term for hospice. Measures which do not attempt to treat the illness, but to relieve the pain and other discomfort accompanying it.



Upcoming Events

Managing Caregiver Stress, **Thursday, May 29, 4:00 to 5:30 p.m.** Brown County Public Library, Nashville

Age My Way: Stay Informed, Stay Involved, Friday, May 30, 10:00 a.m. - 2:00 p.m. Bartholomew County Public Library, Columbus

Are You Smarter Than A Scammer?, **Thursday, June 19, 10:30 a.m. to 11:30 a.m.** Greensburg Adult Center, 900 East Main Street, Greensburg

Managing Caregiver Stress, Monday, June 30, 3:30 to 5:00 p.m. Jennings County Public Library, North Vernon.

Welcome May

May You be happy. May You be well. May You be safe. May You find comfort. May You have strength. May You have courage. May You have courage. May You have peace. May You have joy. May You be filled with loving kindness. MAY YOU BE BLESSED TODAY AND ALWAYS

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Do you have an email address? Want to receive your newsletters electronically? Please submit your email address to <u>jferril@thrive-alliance.org</u> for future correspondence!

If you desire a listing of caregiver support groups whether live or virtual please e-mail or call me at 812-399-5854. We also have a Thrive Alliance Caregiver Resources Facebook group. Please e-mail or call if you would like to be a part of the group. If you want removed from the mailings, please let me know as well.



FOR

Caregiver Connection



Powerful Tools

Managing Caregiver Stress

Thursday, May 29 4:00 pm - 5:30 pm Brown County Public Library Meeting Room A

Caregiving can be stressful —physically, emotionally, and financially.

Join us for a workshop for caregivers to learn about self-care strategies and techniques to increase relaxation and reduce stress.

Manage the daily stresses you face as a caregiver.

Space is limited, so sign up today!



Program is FREE, but registration by May 27 is required. To register, call 812-372-6918 Ext 2402 or email jferril@thrive-alliance.org

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Name:

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

BASEBALL

BLOSSOM BUMBLEBEE

BUTTERFLY

CINCO DE MAYO

FLOWERS

Merry	MONTH	OF	May
Word Search			

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PIÑATA PLANT SEEDS

MOTHER'S DAY

SPRING

SUNSHINE

TAURUS

TEACHER

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