# **Congregate Meal Sites**



The Senior Nutrition program provides nutrition for both the physical body and the entire person.

We provide a comprehensive meal service that increases the well-being of participants by serving nutritious meals that help sustain health and wellness for aging adults.

We also provide socialization opportunities through various activities. While the schedules vary, there are activities such as games, bingo, conversation, and health checks.

There is no charge to participants aged 60 and older. Contributions are accepted and encouraged to help offset the costs of the program.

For more information about the meal or activities, please contact the site directly. Because we order our meals ahead, we ask that you contact the site directly to make a reservation for your meal. The costs of the meals are subsidized through Title III.

When someone is not able to get to one of our Nutrition Sites, home-delivered meals may be an option. In recent surveys, 30 percent of those receiving in-home meal delivery stated that this was the only meal they have each day, 48 percent of respondents said their health had improved since receiving the meals, and 96 percent stated that, overall, they were satisfied with the meals they receive. Contact our Aging and Disability Resource Center to learn more about home-delivered meals.

# **Bartholomew County**

Armory Apartments 646 Franklin Street Columbus, IN 47201 812-341-6823 Site Lead: Paul Roselli Open M-F 10 am - 1 pm

### Brown County

Willow Manor Senior Villas 72 Willow Street Nashville, IN 47448 Site Lead: Lea Ann Randall Open M-F 4 pm – 7 pm

Decatur County TBD- None

# Jackson County

**Crossroads Apartment** 500 S Poplar Street Seymour IN 47274 812-405-9037 Site Lead: Pete Chappel Open M-F 10 am -1 pm

### Hukill @ Thrive Alliance Building

200 E 3<sup>rd</sup> Street Seymour IN 47274 Site Lead: Marcella Diego Open M-F 10 am - 1 pm

# Uniontown (Victory Tabernacle) 2213 US-31

Crothersville, IN 47229 Open M-F 7 am - 11 am

### Jennings County

North Vernon Senior Housing Community Room 45 Henry Street North Vernon, IN 47265 812-592-7462 Site Lead: Chris Selig Open M-F 10 am - 1 pm