

*Someone's quality
of life
exists
because
of you!
Thank you, Caregiver.*



“I like to say that there are only four kinds of people in the world. Those who have been caregivers. Those who are currently caregivers. Those who will be caregivers, and those who will need caregivers.”

ROSALYN CARTER

*Warmest wishes for a joyous
holiday season and
a healthy, happy new year!*

Thrive Alliance Services

Aging and In-Home Services

A highly visible and trusted place where people can turn for information on a full range of long-term support options.

Nutrition Services

Luncheon Meal Site locations, where lunch is served in group settings, are scattered throughout our five counties. **Home Delivered Meals** are delivered to clients' homes.

Family Caregiving Services

The Family Caregiver Program works to support caregivers because strong families are the foundation of a thriving community.

Dementia Care Programs

Thrive Alliance offers programs to assist those with dementia, their families and improving their lives in the community.

Housing Partnerships, Inc.

A volunteer-based program that has been developing and managing affordable housing in our communities for more than 35 years.

First Steps – South East

Early Intervention Program serving children ages 0-3 in 18 counties.

Child Mental Health Wraparound Program

Thrive Alliance is a certified provider of this program designed to support children and youth facing serious mental health or behavioral challenges while keeping them connected to their communities.

Volunteer Program

A variety of opportunities for individuals, groups, students and families to volunteer in their community.

Long-Term Care Ombudsman

Legal services are provided by investigating complaints and advocating for residents in long-term care facilities.

Member



www.in.gov/fssa/inconnectalliance/

Do you have an email address? Want to receive your newsletters electronically? Please submit your email address to jferril@thrive-alliance.org for future correspondence! If you desire a listing of caregiver support groups, whether live or virtual, please email or call me at 812-399-5854. We also have a Thrive Alliance Caregiver Resources Facebook group. Please e-mail or call if you would like to be a part of the group. If you want removed from the mailings, please let me know as well.



January

WORD SEARCH

Solve the following puzzle by finding all the hidden words!



- | | | | |
|---------------|-------------|-------------|----------|
| FIREWORKS | CALENDAR | ICICLE | WINTER |
| RESOLUTION | CELEBRATION | SNOWMAN | SLEDDING |
| HOLIDAY | NEW YEAR | FRESH START | SCARF |
| HOT CHOCOLATE | FROST | MITTENS | SNOW |
| COLD | ICE | SNOWFLAKE | BLIZZARD |
| COZY | HIBERNATION | | |